



Win Back

Your Virility
Self-Confidence
Passion For Life

dublin medical centre⁺
MEDISERVE IRELAND GROUP

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“I went through hell for years and never suspected that there was a simple solution to my problem.”

Tens of thousands of men around Ireland are needlessly suffering in silence. The loss of sex drive, erectile dysfunction / impotence or premature ejaculation is a source of genuine anguish.

Anyone who has experienced these problems will understand the sense of loss of self-confidence and virility as well as the feeling of letting down your partner. Added to this, many men are too embarrassed to talk about impotence.

But now expert, confidential help is here. Every year we help hundreds of men to regain their confidence, their self-esteem and their joy of life with our discrete, very effective, erectile dysfunction treatments.



“Just knowing that this was not ‘all in my head’ was a relief in itself...”

Most men would rather not let the world know of their frustrations, but that doesn't mean it's not happening. It simply means that many men are putting up with or avoiding the problem, rather than confronting it and dealing with it.

By reading this you have taken the first and probably most important step on the road to recovery.

The underlying causes of erectile problems are often misunderstood and can lead to a cycle of frustration and anxiety. In the following pages, find out some of the most common causes of erectile dysfunction and discover just how prevalent this condition is.

Read about men just like you, who suffered but finally took action, and how simple but highly effective treatment has changed their lives.



“It was amazing to be able to talk to someone who understood, completely, and who looked at it from a medical viewpoint...I felt completely relaxed and even relieved.”

What is
Impotence?
Psychological
or Physiological?



What is impotence?

Impotence is defined as the inability to obtain an erection that is hard enough to achieve penetration or to maintain an erection for the desired length of time.

1 In 10 adult men suffer from this problem, which is also known as **persistent erectile dysfunction**. After the age of 50 this figure reaches about 4 in 10.

Psychological or Physiological?

Research has shown that over 75% of incidences are due to **physiological** or organic problems – often aggravated by **psychological** elements such as performance anxiety. It is often the case that men do not suffer from any clinical problem, but still experience difficulties in making love.

“Being unable to keep an erection was consuming my life. After 5 minutes the doctor had convinced me that it was fairly common and that he had helped hundreds of men with exactly the same problem.”

Causes
Illness
Drugs
Leaking
Blood Vessels
Premature
Ejaculation

1. Illness

Erection problems can be symptoms of other illnesses, including diabetes, multiple sclerosis, spinal tumours or injuries, poor circulation, kidney or liver failure, thyroid deficiency, heart conditions or major pelvic surgery.

2. Drugs

Large doses of certain drugs can also cause problems, including alcohol, nicotine, amphetamines, tranquillisers, sleeping pills, anti-depressants; tablets prescribed for blood pressure, heart conditions and peptic ulcers, as well as hard drugs such as cocaine and heroin. Even moderate consumption of alcohol and nicotine can cause impotence in some men.

3. Leaking blood vessels

Leaking blood vessels can cause blood to be drained out faster than it is pumped in. This can be corrected surgically, but further specialised treatment may be necessary for a short time to help you overcome performance anxiety.

4. Premature ejaculation

This common complaint is easily cured. If you are a very young man you may find it is only a temporary inconvenience for you and your partner. For men developing this condition later in life it is also easy to set matters right, once the cause has been identified.

“It’s a pity that so many younger people like me suffer in silence, when specialist help is available to put things right.”

Treatments

Diagnosis

Therapy Plan

A Lasting

Solution

Peace

Of Mind

1. Diagnosis

When you make an appointment at the Dublin Medical Centre you will be seen by a specialist in all forms of erectile dysfunction. After taking your medical history and talking with you, the doctor will establish the exact nature of the problem. He will then perform a complete medical examination, including blood flow studies and relevant blood tests to complete his diagnosis.

2. Therapy Plan

The Specialist will outline the most appropriate course of therapy which will ensure that you will soon be enjoying a full and satisfying sex life. Normally you will receive a test dose which produces immediate results. This is important, as it also establishes your suitability for future treatment. You will quickly be in full control of your sex life – being able to achieve an erection every time you want.

3. A Lasting Solution

A second visit to your specialist usually takes place after 4 weeks. The doctor can adjust the strength of your treatment to achieve the best possible results. Except for men with certain medical conditions who may require prolonged treatment, you should now be able to lead a normal sex life. We have found that up to 70% of patients can achieve spontaneous erections within a matter of months and this makes further treatment unnecessary.

4. Peace Of Mind

All treatments provided at the Dublin Medical Centre have a proven track record in terms of safety and success. The self-administered treatment is very straightforward and safer than taking aspirin.

“When I think about the months...the years I wasted before I looked for treatment...(it was) absurd to have put myself through all of that..”

What other men are saying about a treatment that will totally change your life...

Sean (73) - Roscommon

When Sean found happiness with Eileen (68) it came as a terrible blow to both of them that major surgery had deprived him of his sex urge and the ability to make love. “Three months after the operation I was totally impotent. I went back to my specialist for tests and even he was baffled, as my circulation and blood supply were fine.”

Sean took a course of treatment with the Dublin Medical Centre with exceptional results. “The success of my course of treatment was unbelievable; I was highly sceptical but that soon changed.” And things got even better: Within a few months of starting treatment, Sean began to experience spontaneous erections. “Once the initial six months course is completed I’m confident I’ll be back to normal and won’t need further treatment.”



Kevin (45) - Dublin

Kevin's problems were of a different nature. As a successful businessman, more than likely the root cause of his impotence lay in financial difficulties that rendered him almost bankrupt and quite depressed. Within a few short weeks he had developed complete impotence.

His family doctor referred him to the Dublin Medical Centre. After sympathetic counselling and a specially designed course of treatment, Kevin's life gradually began to change. After no more than 6 months he found himself once again leading a normal sex life and his confidence and self-esteem had also returned.



“My first reaction was that I was letting down my partner.”

Paddy (24) - Cork

When Paddy began having sexual relations he experienced problems from day one. Brought up in strict and emotionally cold circumstances, discussion on sexuality was a no go area. As a result, erectile dysfunction left him unable to make love with his partner. Moving to Dublin, he found his condition was causing him increasing anxiety and soon even his performance at work was affected by his inner feelings of inadequacy.

Through counselling and a successful course of treatment, he has now developed a loving relationship with his partner and enjoys a greatly improved outlook on life. “It’s a pity that so many younger people like me suffer in silence, when specialist help is available to put things right.”



Jim (48) - Mayo

After many happy years of marriage and a fulfilling sex life, Jim began to experience problems with lovemaking. He began to repeatedly fail to maintain an erection and soon feared failure so much he began to avoid making love altogether. "My first reaction was that I was letting down my wife, Trish, who is 10 years younger than I am. I felt so miserable and inadequate that the problem was constantly on my mind."

"When I turned to the Dublin Medical Centre for help I discovered that my problem was largely psychological. Because I couldn't do it once, I convinced myself I would never be able to do it again," says Jim. "It was like living through a nightmare. But now things are so much better between us." Jim was also grateful for the discreet nature of the treatment received at the Dublin Medical Centre. "It was very important to me to avoid going to my local chemist for medication. Living in a small community is very different from living in a place like Dublin."



“By having your individual problem examined and diagnosed at your first appointment, you can soon be reaping the benefits of today’s advanced treatments.”

The Dublin Medical Centre

Since its establishment in 1989 thousands of men have been successfully treated at the Dublin Medical Centre for Erectile Dysfunction and Ejaculation disorders.



“Male sexual disorders take many forms and their consequences can have far-reaching effects...”



Dr. Pearse Phelan
- Medical Director

“Male sexual disorders take many forms and their consequences can have far-reaching effects for the men themselves, as well as their partners and sometimes for their families. Although the tide is changing, men still often need courage to face up to their difficulties. Some may seek advice early, while others agonise for a very long time, before realising that help is on hand which can transform their entire lives.

If the effects of impotence are making your life a misery there is no need to suffer in silence. By having your individual problem examined and diagnosed at your first appointment, you can soon be reaping the benefits of today's advanced treatments.”

The Dublin Medical Centre

What to do next...

Now you know that you are not alone and that there is expert help at hand, make an appointment to come and see us.

You will then be on the road to recovering your virility, your self-confidence and your passion or life

Simply call The Dublin Medical Centre in confidence on +353 01 453 30 30

For more information, or to arrange an appointment online, go to:

We will ask your name and phone number and then agree a time that suits you to come in and talk to a doctor, informally and discretely.

www.dublinmedicalcentre.ie



Appointment Form

Please complete the consultation request form below, as shown...

Name

Address

Age

The most convenient days are

The most suitable times are

I will be accompanied

Yes ☐ No ☐ (please tick)

I will be accompanied by

Wife ☐ Partner ☐ Other ☐ (specify)

I understand this will be in the strictest confidence

When completed, please tear off this form and send in an envelope to:

DUBLIN MEDICAL CENTRE, 3 FITZWILLIAM PLACE, DUBLIN 2



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